Chicken Tacos with Tangy Cabbage

and Sriracha Mayo

Lightning prep and easy clean-up, not to mention great flavours!

hellóchef

Cals 1007 • Prot 72 • Carbs 74 • Fat 47

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Before you start

Please wash your hands and rinse all fresh fruits and vegetables prior to cooking.

Ingredients

Taco filling	2 ppl	3 ppl	4 ppl	
Chicken breast	400	500	600	Grams
Red onion	1	2	2	Piece
Vegetable oil	2	3	4	Tbsp
Salt	0.5	0.5	1	Tsp
Taco seasoning	15	20	20	Grams
Grated cheddar 4*	60	90	120	Grams
Grated mozzarella 4*	60	90	120	Grams
Cabbage				
Red cabbage	300	450	600	Grams
Lime	2	3	4	Piece
Apple cider vinegar	15	22	30	ML
Olive oil	1	2	2	Tbsp
Sriracha mayo				
Mayonnaise 5* , 9* , 13*	50	75	100	Grams
Sriracha sauce	14	21	28	Grams
To serve				
6" tortilla wraps 10*, 11*	6	9	12	Piece
Fresh coriander	15	15	15	Grams

Allergens

*4 Milk, *5 Eggs, *9 Soya, *13 Mustard, *10 Wheat, *11 Gluten

Due to production methods, we cannot guarantee our products are completely free from any allergen such as Peanuts, Tree Nuts, Sesame Seeds, Milk, Eggs, Fish, Crustaceans, Molluscs, Soya, Wheat, Gluten, Lupin, Mustard, Sulphur Dioxide and Celery.

Nutritional information	Per Serving*
Energy (kJ/koal)	4210 / 1007
Fat (g)	46.8
of which saturates (g)	19.2
Carbohydrate (g)	74
of which sugars (g)	13.4
Fiber (g)	8
Protein (g)	72.4
Salt (g)	5.8

^{*}Nutritional information only applies to ingredients supplied by Hello Chef. The cooking process and additional ingredients added at home will affect total values.



1 Prep cabbage

Slice the **cabbage** as thinly as possible. Add it to a bowl and massage it gently for 30 secs until slightly softened. Season with {1/1.5/2} Tbsp of **lime** juice, **apple cider vinegar** and a drizzle of **olive oil**. Set aside.

Tip! Pickle the cabbage up to 24 hours in advance.



2 Prep

Peel and thinly slice the **onion**. Slice the **chicken** into goujons.



3 Make sriracha mayo

In a small bowl, combine the **mayonnaise** and **sriracha** (**spicy!**). Set aside.



4 Fry

Heat a large pan over a medium-high heat with a drizzle of **vegetable oil**. Once hot, add the **chicken** goujons and **onions**, and fry with a pinch of **salt** for 5-7 min or until the **chicken** is cooked through. Add the **taco seasoning (spicy!)** and cook for 1 min further.

Tip! Add a splash of water if the taco seasoning is sticking to the pan.



5 Add cheese

Sprinkle the **chicken** with the **grated cheddar** and **mozzarella** and allow it to melt.

Tip! Cover the pan and return to a low heat, until the cheese melts.



6 Serve

Heat the **tortilla wraps** in the microwave for 30-60 secs until warm. Load the **tortilla wraps** with the **cabbage**, **chicken** filling and drizzle over the **sriracha mayonnaise** (**spicy!**). Top with the **fresh coriander** leaves.

Tip! Some like it hot! If you have chipotle powder, jalapeno slices or fresh chilli, add them to the chicken filling.